



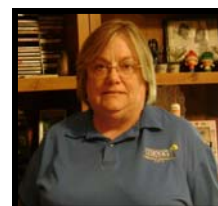
The official quarterly newsletter of The Florida Association of Public Health Nurses, Inc.

Volume 5 Issue 3
September 2009

**FAPHN ANNOUNCES 2008-2009
PUBLIC HEALTH NURSE of the YEAR**

- Special points of interest:**
- AWARDS and SCHOLARSHIPS to PHNs
 - FAPHN Nurse Spotlight
 - A HIDDEN TREASURE
 - BULLETIN BOARD of INFORMATION

Met Ms. Patricia Frank , R.N.! Ms. Frank is FAPHN’s 2008-2009 **Public Health Nurse of the Year**. Ms. Frank led the State of Florida in planning and exercising the Preparedness Plans in Region 3 and expanded this program to include other regions, thereby setting an example of professionalism in Preparedness Training. To accomplish this, Ms. Frank coordinated staff from CMS and CHDs in Region 3 stressing the importance of staff training together and deploying together. Ms. Frank successfully united staff in serving in the Special Needs Shelters *together* and provided the necessary training and exercises. That’s Not All!! Patricia is right there with the folks she trained during deployments ensuring smooth function during a time of chaos meeting the needs of staff deployed to other areas in the state. Patricia Frank has and continues to profoundly affect staff members who serve in Special Needs Shelters and on the Nurse Strike Teams. How? Patricia Frank increases the quality of service, the numbers of confident and capable staff, the preparedness of the staff, and their ability to work together as a confident and unified team.



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**OUTSTANDING PUBLIC HEALTH NURSING
LEADERSHIP**

Met Maria Stahl, MSN, R.N.! Ms. Stahl is FAPHN’s 2008-2009 **Outstanding Public Health Nursing Leader**. Ms. Stahl is Nursing Director at Brevard CHD. It was 2003 when Maria Stahl accepted this position and Brevard CHD excelled under her leadership as evidenced by the awards received. In 2004, the CHD received the DOH Breast & Cervical Cancer program award as a program with the highest percentage of mammography coverage. In 2005, the NAC-Health Services and the Cergrams with follow-up services. Also in 2005 and 2006, the CHD received the Bureau of Immunization coverage (continued on Page 2)



PRESIDENT'S MESSAGE

HELLO fellow FAPHN Members!!

I am thrilled to be in the role of President for the Florida Association of Public Health Nurses! Every year, this Association continues to thrive even with some of the most difficult economical times we have seen in our lifetime. This is thanks to all of our dedicated members who know how important it is for Public Health Nurses and their associates to have a voice for the Health of our population.

Last year, Stephanie Vick, President, said we have three choices: "We can allow the current situation to affect our progress and growth; we can 'tread water' and try to maintain a static condition whereby we do no more and no less than we are currently doing; or we can do what public health nurses have done all along and that is to grow and shine in some of our finest moments despite the challenges we face".

Your Board last year was up for the challenge! This past year the Board made some difficult decisions. The biggest decision was economical resulting in cancelling the Annual Conference from location in a hotel to something new-WEBINAR! One strategy used by the Board in reaching the decision was the results received from a random survey sent to 100 members, with 30 responding. The Board learned that 50% of our membership planned to attend the Annual Conference and 42% reported their employer would not support their attendance in any manner. The other strategy was applying for two grants to help defray the cost of the annual conference and to offer scholarships to members in order to attend. Neither grant was approved. We received feedback that one grant scored quite high..just not high enough!! The Board's decision has proven to be in the best interest of FAPHN. The Board approved an additional benefit by posting on the WEB site programs that provide contact hours..FREE to members. Many of these programs are the same ones planned as presentations for the conference. <http://www.faphn.org> FAPHN remained visible at the FPHA conference as willing 'Ambassadors' placed the FAPHN Display and manned the location. FAPHN sponsored the speaker for the Nursing Section of FPHA.

The 2009-2010 Board met September 19, 2009 in Naples at the Collier CHD to review FAPHN's organizational strategic plan, goals and objectives, A major objective is review of the Bylaws promoting only changes of necessity that support efficient and proficient management of FAPHN into the future. Of most importance is a focus on Membership. Committee involvement was discussed and I encourage you to review the committees and plan to participate on whichever ones appeal to you. I know you are and will continue to be busy as we go into action addressing the H1N1 and seasonal flu demands. Public Health Nurses are in the forefront to protect entire populations. I urge you to **TAKE CARE of YOU** during these challenges. Please let me or any Board member hear from you. Do you have stories and/or pictures to share? My e-mail: Cindy_Whetsell@doh.state.fl.us.

Most Sincerely,

Cindy Whetsell, ADN, R.N. FAPHN President 2009-2010



Cindy Whetsell, ADN, R.N.

President FAPHN 2009-2010

"..this Association continues to thrive. Even with some of the most difficult economical times.. ..thanks to our dedicated members"

Cindy Whetsell, ADN, R.N. President

FAPHN OUTSTANDING PUBLIC HEALTH NURSING LEADERSHIP AWARD

CONTINUED FROM Page 1

of two year old children. Also, 2006, Brevard CHD received the NACCHO award for managed school health program which appeared also at the DOH Quality Showcase. In 2007, the CHD received NACCHO and Davis Productivity awards for their response to Cruise Ship Outbreak. Also in 2007, Brevard was awarded the NACCHO model practice for its Special Needs Shelter Program. Ms. Stahl is working with the University of Central Florida and its students in the public health rotation. Citizens in Brevard County are able to receive expanded PHN services through the use of these nursing students in various community programs. Ms. Stahl holds leadership roles on many community boards including the School Health Advisory Board, Chair of the Head Start Health Advisory Board, Brevard County Commission on Aging, Brevard Health Care Forum, Disabilities Assessment Project, and the University of Central Florida and Brevard Community College Nursing Advisory Boards. Maria Stahl has a 'can do' attitude and is "excellent" at rising to the various challenges encountered.

FAPHN PROUDLY AWARDS TWO SCHOLARSHIPS

Two scholarships of \$500 are awarded again this year to two deserving Public Health Nurses. Please CONGRATULATE them when you see them, speak with them or just by e-mailing them a note of congratulations on their efforts.



ADVANCED DEGREE Scholarship is awarded to **Mrs. Joanie Cruce**. Joanie is Taylor CHD Nursing Director. Joanie is attending Walden University for her Master of Science Degree in Nursing and Joanie expects to graduate in May 2011. Joanie writes: *“Thank you all so much! I am so grateful to everyone at FAPHN for the scholarship, their support and encouragement. Please pray for me that I can make it through.”*

RN to BSN DEGREE Scholarship is awarded to **Ms. Penny Osborne-Dockery**. Penny is employed at Brevard CHD as a Senior Registered Nurse. Penny is attending the University of Central Florida and will graduate December 2009. Penny writes: *“I was so excited to find that I was the winner of the \$500 scholarship this year. Thank you all so much. It sure will be put to good use.”*

[No photo available]

FAPHN HISTORY OF AWARDS and SCHOLARSHIPS

FAPHN has given Awards and Scholarships for 7 years, since August 2003. This is a total of 12 recipients. Four of the twelve scholarships were for public health nurses working to obtain an Advanced Degree. Your membership **paid** \$6,000 in scholarships to further public health nursing. **BE PROUD!** FAPHN Board of Directors for 2009-2010 made a monumental decision September 19, 2009, to **INCREASE** the Scholarship Award to **\$1000**, beginning with the next year's awards. Recipients of Scholarships must be members of FAPHN. Treasurer Amalia Kane-Crawford reported to the Board that FAPHN currently has \$5,472.26 in the Scholarship account. Increasing the award amount indicates, at FAPHN's current accounting, **only 5** scholarships are available. FAPHN received money through membership dues and through donations. Donations may be made using the DONATE NOW button on the FAPHN WEB site <http://www.faphn.org> or mailing a check to the P.O. Box or using a credit card by calling Amalia Kane-Crawford at 561-634-0776.

FAPHN SURVIVES ONLY BECAUSE OF ITS AWESOME MEMBERS! THANK YOU ONE AND ALL.

FAPHN MINI GRANT AT WORK

Translating CBPR into Nursing Practice: Closing the Health Disparities Gap is an on-going project funded by FAPHN 2008-2009. Doctorial student Catherine Levonian, MSN, R.N. is the author and a FAPHN member. A survey will be sent to all public health nurses working in Florida health departments in September-October via e-mail. The survey is a study of public health nurses' use of a community participatory approach to practice. Participants complete a web-based questionnaire, which takes approximately 10 minutes. All information is kept anonymous. It does not include your name and there is no coding that might link your responses to your identity. Participation in this survey will assist in reforming public health nursing practice. The benefit of this research is improved understanding of what needs to be addressed to improve practice. This study is approved by the University of Florida and Florida Institutional Review Boards. It is funded by FAPHN and FNF (Florida Nurses Foundation) Please contact Cathy Levonian at 352-226-7797 with questions or e-mail at Levonian@ufl.edu. Shawn Kneipp, Ph.D, ARNP is working with Catherine at the University of Florida, College of Nursing and may be reached at 352-272-6417.

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FINANCIAL & OPERATIONAL PROJECTS (since 12/2002 Year of Incorporation)

Obtain public charity tax status from IRS as 501(c)(3)status:	Accomplished:	September 15, 2006
Assist Board Members with non assisted meeting & conference expenses:	Implemented:	November 21, 2007
FAPHN received Florida Sales Tax Exemption	Effective	November 2007
Obtain Directors and Officers Liability Insurance(1 year)	Completed	January 2009
Obtain Dishonesty Bond for FAPHN Check signers (3 year Bond)	Completed	January 2009
Obtain and Implement Credit Card Processing for Members/Vendors	Completed	February 2009

OPERATING ACCOUNT SEPTEMBER 2009

<u>Primary Checking Account:</u>	\$23,286.16
<u>Executive Checking Account:</u>	1,500.00

FAPHN OFFERS YOU ANOTHER BENEFIT!

As of February 26, 2009, FAPHN is able to process your membership dues and other money activities such as donations, purchase of fundraiser items and conference registration when YOU decide you would rather use a credit card instead of paying with cash or personal check.

The cards we are able to process are American Express, Discover, Master Card and Visa. Contact Treasurer Amalia Kane-Crawford on Florida Cell number (561) 634-0776 or e-mail flintstonecrawford@comcast.net.

This has been a request of the membership for several years. We are not able to implement this process electronically from the FAPHN WEB site yet..it does cost money and as long as you pay your dues and recruit new members for FAPHN this too will be accomplished. Thank you for your support and plans to continue supporting FAPHN. Please keep telling us what you want. This is YOUR organization and ours [the Board of Directors].



3rd QUARTER 2009 NEW AND RENEWING FAITHFUL MEMBERS

Ahl, Susan	Allen, LeSonya	Ardalan, Christine	Amwine_McGowan, Sherrie
Baity, Barbara	Benemon, Charman	Berkery, Shirley	Calloway, Bertha
Camomilli, Lynda	Carlson, Benjamin	Carosa, Guy	Chavez, Patricia
Coe, Faye	Cordy, Josephine	Crosby, Linda	Cruce, Joanie
Cummins, Carol	Cunningham, Barb	Daniels, Debra	Davis, Ellen
Espada, Elizabeth	Ewen, Margaret	Fogle, Edilia	Garcia, Deborah
Garren, Amy	Green, Joann	Hardy, Cynthia	Horton, Alice
Hunt, Latosha	James, Adriene	Jamo, Rebecca	Jensen, Agustina S.
Johnson, Sandra	Jung, Jonna	Karsholt, Emily	Lacomb-Williams, Linda
MacKellar, Mary	McClellan, Belinda	McKinney, Brenda	Meyn, Tonya A.
Mulford, Laura	Murray, Ellen	Nowlin, Marion	Ramos, Judy A.
Richards, Nancy	Ryan, Linda	Sandoval, Patricia	Santiago, Aldin
Schoenfisch, Sandra	Seibert, Patricia	Sivertsen, Margaret A.	Smith, Gloria L.
Stahl, Maria	Thomas, Kristina M.	Tomasello, Carmen	Valleri, Judy
Vincent, George-Ann	Webster, Donna E.	Williams, Joyce	Wilson, Sara
Wyatte, Ruth M.			

*Dear new and renewing members..the Officers and Directors-at-Large on the FAPHN Board **thank you very much** for your support. One of the goals of the Membership Committee this year 2009-2010 is to recruit and retain membership. We welcome your thoughts, actions, and ideas. Membership Committee members are Mary Haas, Amalia Kane-Crawford, Mary Ann McCarty, Connie Wolfe, Lynne Vickery and Chairperson Cynthia Whetsell.*

MEMBERSHIP RENEWALS ARE IN THE MAIL! PLEASE PAY YOUR DUES AND RETAIN YOUR MEMBERSHIP STATUS.

CONTACT TREASURER AMALIA KANE-CRAWFORD FOR INFORMATION

HIDDEN TREASURE

Submitted by Lynda Camomilli, BSN, R.N.

Brevard County Health Department

As a Florida DOH, 25 year PHN, I have seen that change is an expected occurrence in providing community health. Nursing services, client education and clinic services are dependent on our yearly State budget. As PHNs, we pride ourselves on adjusting to the “winds of change” by our innovative ideas. Grant writing is now a frequent approach in attempting to fill in the gaps; and as nurses, a very necessary skill to obtain those innovative ideas. We have seen our nursing staff shift from 6 to 15 and back to 6 nurses; still challenged to continue to provide excellent care we have always provided to our clients. How did PHNs cope in the early years? Did they have more difficult challenges than we do?

Several years ago, I found a “treasure” in our education room! Way up on the top shelf, there was a scrapbook created by the first PHN in Brevard County. The cover is faded and falling apart, the pages are yellow and tattered; but it contains the chronological history of the first years of our CHD. I thought this find incredible!! No one knew the scrapbook was there!!

The scrapbook begins by listing the first Director, Dr. JH Wells, also a sanitarian and three nurses. The nurses names were listed with a prefix of “Mrs.” and the husbands’ first name. (A sign of the times!) Numerous newspaper clippings were glued inside documenting the growth of the CHD along with the social occasions, such as the second Director’s marriage.

The newspaper announced the opening of the office on January 1, 1947. Mrs. Clyde Strange was the nurse in charge, and it states she would be in her office daily 9 AM to 10 AM and 4 PM to 5 PM except Saturdays, 9 AM to Noon. The physician was only available on Mondays. The office was located in Titusville, possibly because the county government offices were located there.

The nurses wore the “traditional” uniform a light color dress with a matching cap, reminiscent of the Air Force flight cap (envelope style). They were pictured with the complete uniform during community events. No caps were visible in the pictures of the nurses in clinical areas.

The first undertaking was a mobile x-ray unit on a bus, which traveled to various “business sections” of the county to x-ray “every person above 15 years of age for free. At the time, the state was attempting to identify and control TB in the population. A mobile x-ray unit in the 40s is amazing and was an innovative idea!! In the first months of service, 2,600 x-rays were taken and, “you didn’t have to take off your clothes!!:

The sanitarians undertakings were described in an article showing a septic tank. The article discussed sewage issues, food inspection, and mosquito control; issues being addressed at that time.

An article announcing the “First Woman President” elected to FPHA, Miss Ruth Mettinger was displayed in the Scrapbook on a single page alone. Her picture shows a very well dressed lady wearing a large brimmed hat, tilted to one side in an Audrey Hepburn style. Miss Mettinger was the PHN Director in Florida at that time. Her first agenda was urging congressmen to oppose a merger of the health and welfare administrations. Her comment was, “Administration of Welfare was concerned only with part of the people; public health was everyone.” She appeared to be an influential woman of the times.

In 1951, clinic attendance increased from 10 a month to 80. Mrs. Flora Spencer, one of the PHNs conducted educational campaigns throughout the area with regard to the value of preventive medicine. She visited home and provided consultations in the office. A new CHD Director was appointed; Dr. Hanarhan for both Brevard and Osceola Counties. Special attention was given to school children. Physical examinations and immunizations were given at no charge. Conditions found included: malnutrition, eye and ear infections, rheumatic fever, dental problems, tonsillitis and bronchitis. The immunizations given then were Diphtheria, Pertussis, and Smallpox, (quite a small number compared to current requirements.) Another indication of the times, was a picture showing African-American children gathered for exams and vaccinations. The terms “colored people” and “whites” are used throughout the articles, listing separate times for care to be given at the clinic: eg. 9 to 11 am for “whites” and 2 to 4 pm for “colored people”.

The polio outbreak and subsequent immunizations held big headlines in 1952. The front page of the paper showed children coming to the office to be immunized. The nurses encouraged parents to bring their children in; a big undertaking that proved to be successful.

Following the outbreak of polio, there became a need for out-patient follow-up care of these children. The PHNs participated in joint rural clinics with the Crippled Children’s Commission. The children were seen at the Melbourne clinic (which had now opened) by orthopedic surgeons for continued care and evaluation.

(continued on page 7)

A HIDDEN TREASURE

(continued from Page 6)

Numerous community committees were supportive and interactive with the PHNs as the years progressed and the population became more aware of Public Health. The Lions Club and the Rotary Club are shown with the CHD Director and PHNs receiving donated vision and hearing machines. Women’s clubs participated on committees for the promotion of school health. There is a picture showing many ladies who were community leaders and wives of physicians (some names I recognize-my pediatrician’s mother) gathered for one of the meetings.

Other important programs were developed, such as rabies. Articles describing the programs, services, and education in reporting animal bites were published in the local newspaper.

The collection of articles ends with the 70s. There is an article and picture of the immunization of the population for the Swine Flu using “air guns”. Ironically, we are likely to repeat that mass immunization this fall.

Did our county’s first nurses have more difficult issues? Probably so. Winning the trust of the community in assisting with their care is a big undertaking at the start of any program. Finding funding for services was likely difficult, as well. It also seems that there were many similar issues which we continue to deal with. They “paved the way”, so to speak. We can now deal with other issues that are extremely challenging, as well.

This wonderful compilation of historical information has led me to continue documentation for future public health nurses and persons interested in the history of our county. Our staff have shown great interest, as well. We will be having our Information Technology and Health Education Departments assist in the preservation of this scrapbook, so that future generations may feel as excited as I did in its discovery.

“It also seems that there were many similar issues which we continue to deal with.”

“There is an article and picture of the immunization of the population for the Swine Flu using ‘Air Guns’.” Ironically, we are likely to repeat that mass immunization this fall

“Making Friends with Strangers”: FLORIDA’S PUBLIC HEALTH NURSES 1888-1969

Christine Ardalan, author of several books and articles addressing Florida’s nursing history is researching the history of Florida’s public health nurses. Christine is requesting **your help**. She wants to contact any public health nurse who worked in Florida during the 1930s, 1940s, 1950s, and 1960s. Christine believes that these nurses’ stories will strengthen her research and help fill voids in her final project:

“MAKING FRIENDS WITH STRANGERS”: FLORIDA’S PUBLIC HEALTH NURSES 1888-1969.

If you know of any public health nurse who worked prior to 1969 and you would like to help preserve the record of public health nursing in Florida, please contact Christine. Christine is completing her dissertation in the Department of History at Florida International University. Christine **needs information on Ruth Mettinger and Enid Mathison** both were State Nursing Directors. Christine is also a FAPHN member.

Contact Christine Ardalan at : E-mail: carcalan@aol.com

Telephone: (305) 772-5613

Address: 3601 Bay View Road, Coconut Grove, Florida 33133



Teaching Midwives....
C. Ardalan’s photo collection



PHN Makes Home Visit



SPOTLIGHT

Something **NEW!!** The Board of Directors decided that each issue of **THE FAPHN VOICE** will introduce a randomly selected FAPHN member to shine in the **SPOTLIGHT!!** [MEET JUDY VALLERI, R.N., page 9](#)

Judy Valleri is employed at the Hillsborough CHD since 2004. Judy is a STD nurse clinician and is HIV/AIDS certified (ACRN). Judy worked 1 ½ years in the TB Clinic before transferring to STD. Hillsborough CHD selected Judy as Employee of the Quarter in 2006.

Judy graduated from Isabella Graham Hart School of Nursing at Rochester General Hospital in Rochester, New York. She achieved an Associates degree from Monroe Community College in Rochester, New York. Judy proudly claims 30 years of nursing practice.

Previous experience includes 10 years in Home Health as a visiting nurse, Assistant Director of Nurses in an open heart unit in a New York Hospital, an Organ Donation Coordinator, and was the first paid position as a Disaster Nurse Specialist with the Florida American Red Cross. Judy was General Manager with the Hillsborough County Department of Aging where she supervised day care centers, provided training for care givers working with Alzheimer patients, and wrote CEU programs for the activity coordinators. Extra activities and passions include assisting with Habitat for Humanity at the Brandon Outreach Clinic, worked as a Medic with EMS services in New York while receiving fireman's training. Judy reports she is now a Stephen Minister for her church which requires her looking at situations globally while addressing the spiritual aspect.

Judy state she likes best doing admission visits. "It is the time to do patient education as well as helping each person look at his/her future. The client's first interpretation of the first visit can determine how the client's whole outlook is going to be about the care. It's their first impression, and you never get a second chance at making a first impression." Judy Valleri humbly states that she "works with a good group of people and that I am just one of the team."

FAPHN CONGRATULATES YOU , JUDY VALLERI!

Special thanks to Linda LaComb-Williams, Board Member who assumed duties as a "roving reporter".

FLORIDA PUBLIC HEALTH ASSOCIATION NURSING SECTION REPORT

Submitted by Linda LaComb-Williams, MPH, BSN, R.N.

FPHA/Southern Health Association joined forces for this year's **Annual Educational Meeting** August 5-7, 2009. FAPHN joined with FPHA Nursing Section and AHEC in assisting with the provision of the guest speaker. **Cindy Krosky, CSP, LCSW** from Achieving Corporate Excellence, Inc. was "exciting, entertaining, educational and enjoyable", writes Linda LaComb-Williams when reporting on Ms. Krosky's speech titled; "**Making the Public Health Connection: Putting the Pieces Together**"

"Although our section was small this year, we still enjoyed getting together", reports Linda. Students from the University of Florida attended the business meeting, according to Linda and Dr. Little plans to work with her students in the Spring of 2010 on a survey of the FPHA Nursing Section members to determine what other avenues of communication may be helpful other than an annual meeting. Linda writes that the "travel restrictions were so tight this year, it did make it difficult for many of you to attend; however I am hoping we can work together to keep the unit afloat."

The Business meeting was brief with no elections. Linda continues to serve as co-chair of the nursing section. By-laws are proposed and will be posted in the Nursing Section of the FPHA Website. Linda LaComb-Williams may be reached at email Linda_LaComb-Williams@doh.state.fl.us and telephone (813) 307-8015 x 6317. Share your thoughts and ideas for the Nursing Section of FPHA.

**AWARDS and SCHOLARSHIPS AVAILABLE for 2010
CONTACT DIANA COYLE BY JUNE 19, 2010
dcoyle_sel@comcast.net**

PUBLIC HEALTH NURSE OF THE YEAR: This award is presented to a nurse who has developed a program of excellence addressing a significant community health program beyond the scope of normal daily responsibilities, or who responded in an unusual or critical situation in an exemplary manner transcending the usual and customary performance of those responsibilities.

OUTSTANDING PUBLIC HEALTH NURSE LEADERSHIP: This award is presented to a public health nurse who, within the last two years has either planned, developed and/or executed a unique or experimental program addressing a significant public health problem or has been recognized by the community, including local or state, or national organization for professional contributions in Public Health.

FAPHN SCHOLARSHIPS: This program was established to promote excellence in nursing and public health practices to be awarded to a nurse currently in advanced study of nursing administration, education, research, or service/practice or is studying toward an advanced degree in public health. **Each Scholarship will be \$1,000 (depending on FAPHN Scholarship Fund)**

REVIEW WEB SITE: [HTTP://WWW.FAPHN.ORG](http://www.faphn.org)

INFORMATION NEEDED!!

SUNLAND TRAINING CENTERS STUDY 1960'S TO 1980'S

Dr. Kim Curry, 1st V.P of FAPHN Board is conducting research of the history of the Sunland Centers. Nurses, physicians, patients or anyone who worked at any Sunland site in the 1960s to 1980s Dr. Curry would like to interview. Dr. Curry is a faculty member at the University of Tampa.

Contact: E-mail: kc Curry@ut.edu

Telephone: (813)-334-9028 (cell)



BULLETIN BOARD of INFORMATION

Meet Judy Valleri..Spotlight is on her!



FAPHN sponsors Workshop with Dr. Barbara Little in Alachua CHD on October 7

FAPHN provides Letter of Support to Office of Performance Improvement as it seeks to position DOH for Voluntary National Public Health Accreditation. Beta-testing the program at local and state health department levels begin October 2009.

The Florida Center for Nursing is to serve as project lead for a Partners Investing in Nursing's Future (PIN) grant. The PIN program is a national initiative led by Robert Wood Johnson Foundation and the Northwest Health Foundation. This program seeks to address the long-term shortage of available nurses. The Blue Foundation for a Healthy Florida is one of 10 foundations nationwide selected to receive funding through the PIN program This award is the first time a Florida organization has been funded through Partners Investing in Nursing's Future. This is a 2 year grant of \$250,000 that will be used to promote the use of stimulation technology in Florida nurse education; the grant is matched by BCBSF. Fl.CenterforNursing.org

Continued on Page 12

E-Mail: membership@faphn.org Web Site: http://www.faphn.org

FAPHN MEMBERSHIP APPLICATION

FIRST NAME: _____

LAST NAME: _____

Street Address (HOME): _____

City/State/Zip: _____

Phone: (Home) _____ (Office) _____ (Cell) _____

Position Title/Credentials: _____

E-Mail: (Personal): _____ (Professional) _____

Employer: _____

Employer Address: _____

BENEFIT OF 3 OR MORE APPLICANTS JOINING FROM SAME EMPLOYER: 10% DISCOUNT!!

CHECK MEMBERSHIP CATEGORY: Annual dues \$50.00 [one year from date of joining or renewal]

_____ Active R.N.: FULL dues. Eligible for FAPHN Board position and voting privileges

_____ Retired R.N.: HALF-Price Dues: Eligible for same benefits as Active R.N.

_____ Student R.N.: HALF-Price Dues: Student may NOT hold Board position and may NOT vote.
Eligible for scholarships if all scholarship criteria are met.

_____ Associate Member: HALF-Price Dues: *Any individual or business entity interested in supporting FAPHN. Eligible to receive newsletter and reduced registration for conference. Not eligible for Board position. Not eligible to vote in elections or on Board Motions. Not eligible to receive mini-grants or scholarships.*

MEMBERSHIP PARTICIPATION OPPORTUNITIES: Please check your area of interest !!!

Serve on FAPHN BOARD: YES _____ NO _____ *Mentoring Provided*

Serve on Committees: Annual Conference Planning: _____ Bylaws: _____ Communication: _____

Education: _____ Historian: _____ Membership: _____ Nominating _____

Please Participate!!! Come and Learn with us!! We thank you!!

FAPHN MEMBERS!

PLEASE READ and select the committee of your choice. Contact any Board Member if you have questions and if you will participate.

FAPHN HAS 11 COMMITTEES

ALL COMMITTEES COULD USE YOUR SKILLS

WILL YOU PLAN TO JOIN A COMMITTEE??

ANNUAL MEETING: Plan and implement annual meeting and conference in conjunction with the Board of Directors.

AWARDS and SCHOLARSHIPS: Committee receives and recommends to the Executive Board the names of those persons who have rendered outstanding service in the field of public health nursing within the State of Florida for special recognition or presentation of an award by the Association. Award categories are: PHN of the Year and PHN Leader of the Year. Scholarships are two: R.N. to BSN and Advanced Degree. Effective 2010, both Scholarships are valued at \$1,000.

BYLAWS: This Committee shall: (a) assist Executive Board, the Board of Directors and general membership with questions regarding the interpretation and application of the Articles of Incorporation, these Bylaws, or the rules and regulations duly adopted by the Executive Board and the Board of Directors; (b) assist and advise any member, the committee or Board in the preparation or editing of a proposed amendment to the Bylaws or Articles of Incorporation prior to presentation of such amendment to the appropriate body.

COMMUNICATION: The Committee shall be in charge of maintaining and updating the newsletter, brochure, and website of the Association. (<http://www.faphn.org>)

EDUCATION: The Committee shall review, recommend, promote and develop continuing educational programs and activities in the field of public health nursing, which promote the purpose and objectives of the Association. The Committee shall also have and perform such other powers and duties as may be designated by the Executive Board; such as Mini-Grants, Poster Call, and Regional Events.

HOST CITY (ANNUAL CONFERENCE): Members who reside in proximity to the host city work in conjunction with the Annual Meeting and Annual Conference Committee to plan and implement conference.

PHN HISTORY and LEGACY TASK FORCE: The Task Force shall preserve the historical information about Public Health Nursing in Florida by locating and protecting historical documents, artifacts and memorabilia; capturing memories and recollections with oral histories; and disseminating information collected through multiple media and forums.

MEMBERSHIP: This Committee shall; (a) recommend to Executive Board ways of gaining new members and retaining existing members; and, (b) perform other duties and responsibilities as delegated by the Executive Board.

MINI-GRANT: Members shall receive, review and assign weight to proposals before recommending to the Executive Board. The proposals should promote public health nursing practice that impacts positive health outcomes.

Continued on Page 12

FAPHN HAS 11 COMMITTEES

ALL COMMITTEES COULD USE YOUR SKILLS

WILL YOU PLAN TO JOIN A COMMITTEE??

Continued from Page 11

NOMINATING: The Committee shall prepare a ballot from the active membership roll, as certified by the Membership Committee. The ballot should consist of no less than 2 nominees for each office to be filled by vote of the eligible members of the Association. The Nominating Committee shall prepare, certify, and forward the ballot to the Executive Board no less than 30 days prior to the date set for the mailing of the ballot to the membership.

POSITION PAPER DEVELOPMENT: The Committee shall investigate and research the process of developing a position paper and report to the Board within six months of committee inception. The Committee shall solicit, prioritize and report to the Board issues of public health importance received from the general membership

Each committee has members listed who signed up last year. Please let us know you are still interested by e-mailing Secretary Connie Wolfe at Connie_Wolfe@doh.state.fl.us or telephone (904) 529-2852. All members now interested in participating on a committee should contact Connie Wolfe. The majority of committee meetings are conducted by conference call and activities supported with individual committee work.

BULLETING BOARD of INFORMATION

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Public Health officials battling an epidemic of obesity have a difficult task. The average American eats 16 pounds of French Fries, 23 pounds of pizza and 26 pounds of candy each year. Source: THE WEEK August 7, 2009

Breast Cancer Dip Linked to Locale, Income, HRT Decline: According to Peggy Peck, Executive Editor of Med-Page Today published June 26, 2009, a new study indicates from 2001-2004 an overall incidence of invasive breast cancer fell by 13.8% in urban areas, versus a 7.5% decline in rural areas. This report is supported by Amelia K. Hausauer, Ph.D. of the Northern California Cancer Center in Fremont, and her colleagues. Invasive Breast cancer rates fell by 13% in neighborhoods in high income counties, compared to 9.6% decline in poor counties reported in same study. The authors said the report was limited by a lack of individual socioeconomic information and a lack of adjustment for possible delays in reporting.

BAR CODES: This might be helpful to know when grocery shopping, if it is a concern for you. Are you able to differentiate products from Taiwan or China? F.Y. I. The 1st 3 digits tell the origin of the product: 690-692 Made in China 00-09 USA or Canada 30-37 France 40-44 Germany 47...Taiwan 49 Japan 50 United Kingdom

NEED A SMILE? Answers on a children's science exam!!

1. **Name the 4 seasons.** Response: Salt, Pepper, Mustard and Vinegar
2. **How is dew formed?** Response: The sun shines down on the leaves and makes them perspire!
3. **What does the word 'benign' mean?** Response: Benign is what you will be after you be eight!

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