

THE FLORIDA PUBLIC HEALTH ADVOCATE

MARCH 2019

From the President's Desk...



Everyone deserves to live a long and healthy life in a safe environment. To make that possible, we need to address the causes of poor health and disease risk among individuals and within our communities. Where we live, learn, work, worship and play affects each of us and can determine our health and life expectancy. In the workplace, let's partner across public and private sectors to make sure decisions are made with the public's health in mind. Within our communities, let's start new conversations with our neighbors and become advocates for positive change. Working together, we can build healthier communities and eventually, become the healthiest nation. But we need your help to get there.

National Public Health Week 2019 is April 1—7. During each day of National Public Health Week, there will be a focus on a particular public health topic. Then, we identify ways each of us can make a difference on that topic. These areas are critical to our future success in creating the healthiest nation, and everyone can do their part to help.

NPHW 2019 DAILY THEMES

Monday — **Healthy Communities**

Tuesday — **Violence Prevention**

Wednesday — **Rural Health**

Thursday — **Technology and Public Health**

Friday — **Climate Change**

Saturday and Sunday — **Global Health**

Check out the Healthiest Nation Fact Sheets.

Join me in observing NPHW 2019 and become part of a growing movement to create the healthiest nation in one generation. During the week, we can celebrate the power of prevention, advocate for healthy and fair policies, share strategies for successful partnerships and champion the role of a strong public health system.

Wishing good health,
Sandon S. Speedling, MHS, CPM

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A publication of the Florida Public Health Association

Florida Public Health Association
14646 NW 151st Blvd.
Alachua, FL 32615



FPHA
Florida Public Health Association

To submit content to the newsletter,
please reach out to us at:
fpha@srahec.org

FPHA MEMBERS

Did you know FPHA has a Members Only Site? We are pleased to announce our **Members Only Site** at www.FPHA.org: When you log in with your log in information at www.fpha.org, as a member you have access to the FPHA Advocate newsletter, A FPHA Member Directory lookup, the FPHA Board of Director's Handbook, and other member only items of interest. Check it out and let us know what else you would like to see here and elsewhere on YOUR website!

FPHA Leaders Needed

In July of every year FPHA elects new Board members for the upcoming year. It seems like July is so far away, but it is never too early to begin thinking about the future. We will be looking to fill the following Board positions for the July 2019 – June 2020 term.

2nd Vice President

This position is a part of the Executive Board and Board of Directors. This position will play a lead role in one or more committees as appointed by the President. Potential committee membership includes Advocacy, Nominating, Membership, Finance and Conference Planning.

Secretary

The Secretary shall be a member of the Executive Board, Board of Directors, and the Membership Committee. The Secretary shall record and certify the minutes of all meetings of the members of the Corporation, Executive Board, and the Board of Directors; shall publish all notices of meetings and perform such other duties as prescribed by the President and/or the Board of Directors.

Member at Large (1 of our 3 positions)

There will be three Members-at-Large. Each Member-at-Large will be assigned to a specific committee by the President. Potential committee membership includes Public Relations & Communication, Membership, Finance, Strategic Planning, and Conference Planning

The nominating committee will be requesting all nominations be submitted by end of May to allow time in June for member voting. If you or someone you know is interested in becoming more active in FPHA and are looking for a leadership role, please let us know.

You must be a current FPHA member to be eligible.



PUBLIC HEALTH ARTICLE

Hello FPHA members,

As individuals we are always looking to better ourselves and our careers. One way of doing this is through continue education, whether certification programs or graduate degrees. If you're interested in the field of Data analysis, R programming, or other subjects, then Coursera is the place to check out. Coursera offers many online certifications and degrees from multiple universities. Currently, Coursera is offering online degrees for Master of Computer Science, Master of Computer Science in Data Science, Bachelor of Science in Computer Science, and Master of Applied Data Science. Some of the most popular certifications offered in the data science field is data science by Johns Hopkins University, and Excel to MySQL: Analytic Techniques for Business from Duke University. The most popular courses are R Programming and The Data Scientist's Toolbox, both offered by Johns Hopkins University. The best thing about Coursera is you will receive certification that can be placed on your resume. If online learning isn't your style, there are great books available for learning Data analysis and some are even free of charge. The following list are resources that can be found online for free.

R for Data Science by Hadley Wickham

Advanced R by Hadley Wickham

R Packages by Hadley Wickham

Ggplot2 by Hadley Wickham

Cookbook for R, Winston Chang

Data Visualization: A practical introduction by Kieran Healy

R Programming for Data Science by Roger D Peng

Exploratory Data Analysis with R by Roger D Peng

An introduction to Statistical and Data Sciences via R by Chester Ismay and Albert Y. Kim
Software Carpentry.

Text Mining with R: A Tidy Approach by Julia Silge and David Robinson

The best advice that I can give for those looking to learn Data Sciences, R programming, or any coding language is to practice. The more you practice, the easier it become.

Cheers,

Joshua P Wright



PUBLIC HEALTH OPPORTUNITIES

Dr. Kiran C. Patel College
of Osteopathic Medicine
NOVA SOUTHEASTERN UNIVERSITY

NSU
Florida

NSU
Florida



Dr. Pallavi Patel College
of Health Care Sciences
NOVA SOUTHEASTERN
UNIVERSITY



FPHA HEALTH EQUITY REGIONAL TRAINING

HEALTH PROVISIONS DIVISIONS
3200 South University Dr, Davie, FL 33328

May 22, 2019
8 AM - 4:30 PM

Join us to look at increased ways to collaborate in achieving health equity for members of our communities. Presentations will focus on health equity and how they relate to various topics such as behavioral health, geriatrics, aging populations, and patients with disabilities.



Register Here: <https://fpha.wildapricot.org/event-3316197>

Contact Summer Pltt at spitt@srahec.org for more information

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FOUR-COUNTY HEALTH SURVEY LAUNCHED

Calling residents of Hillsborough, Pasco, Pinellas & Polk counties....



COMMUNITY

Our local not-for-profit hospitals and the department of health want to hear from you!

These organizations are working together to get the community's perspective on the most pressing health and wellness needs. The results of this survey will be used to help us to understand your community health concerns so that improvements can be made.

We encourage you to take 15 minutes to fill out the survey below. Your voice is important to ensure these organizations have the best understanding of the needs of our community.

Thank you!

<http://bit.ly/healthsurvey2019>



PUBLIC HEALTH IN ACTION

Check Out USF COPH's YouTube [playlist](#) which includes:

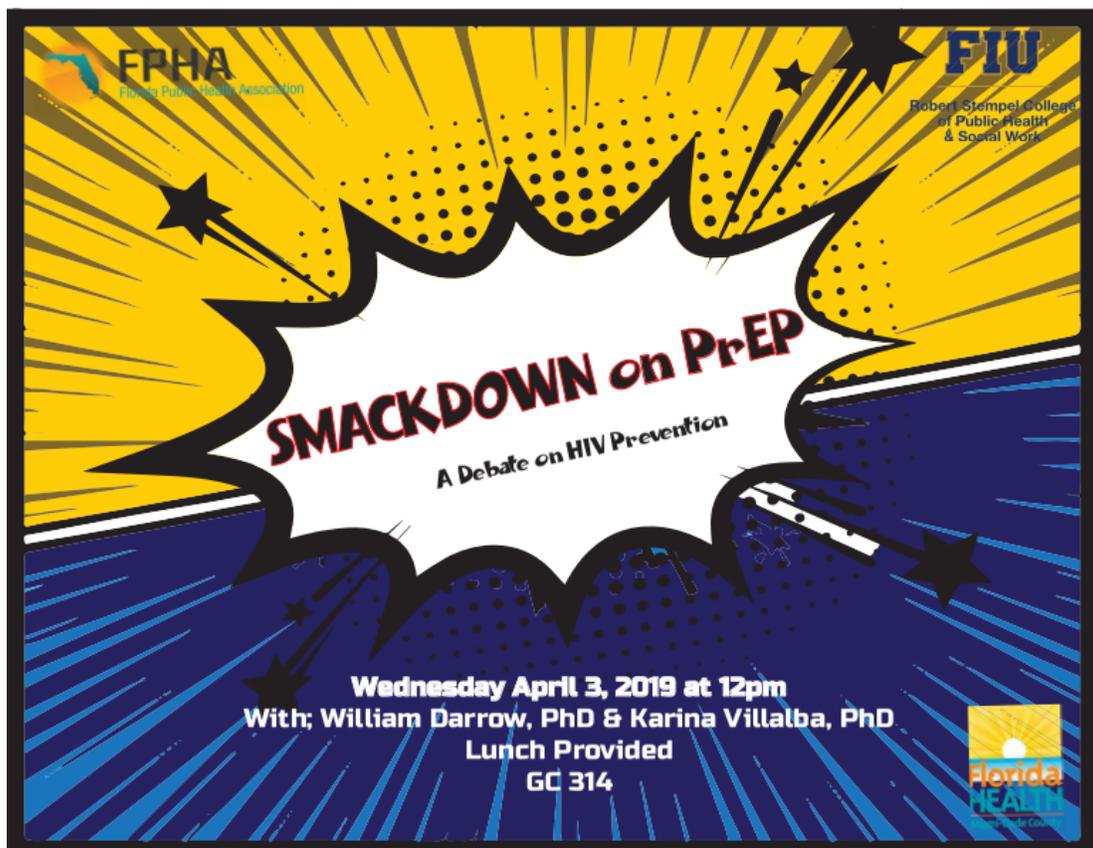
[USF COPH: Social Marketing coursework builds skills to create change](#)

[USF COPH Public Health in a minute](#)

COLLEGE NEWS

[APHA Press releases Certified in Public Health Exam Review Guide](#)

Miami-Dade & surrounding areas



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fpha@srahec.org

NEW MEMBERS

We are glad to have you as part of FPHA & hope to see you soon at one of our events!

Claudia P.

Gilianne A.

Kesley R.

Sable B.

Shalay J.

Noel B.

Regsheena B.

Artaveya I.

Sylvie G.

Andrew W.

Ambar D.

Guerline T.

AngelanC.

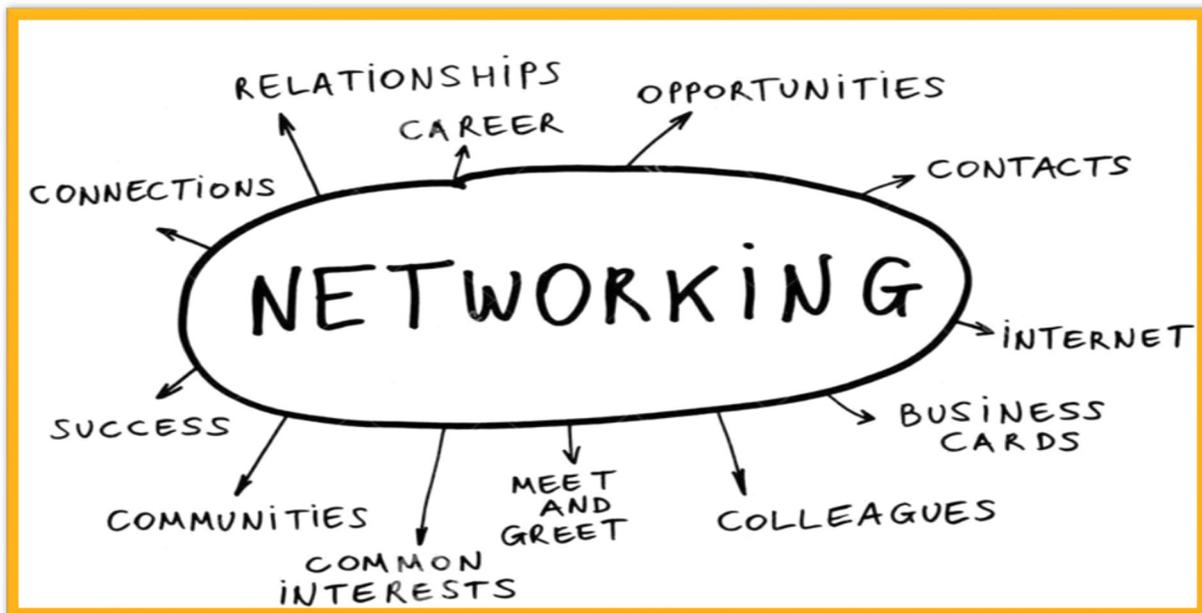
Taylor S.

Nicole T.

Edlin G.

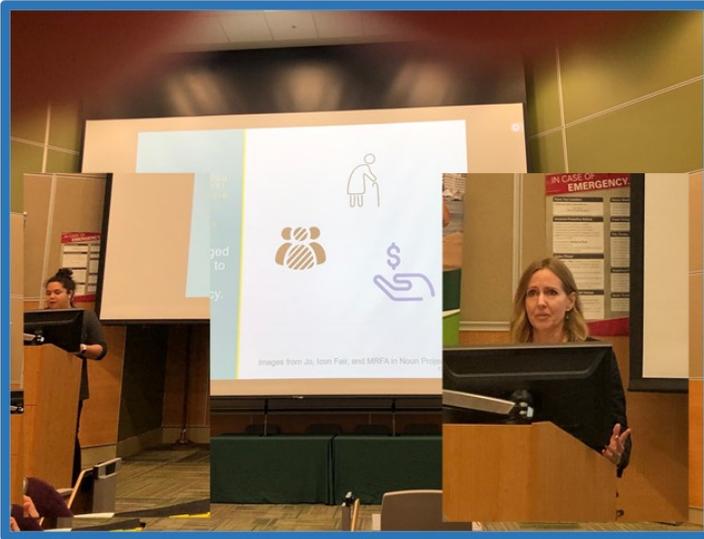
Monica S.

Ladonna T.



FPHA HEALTH EQUITY REGIONAL TRAINING

Highlights



In the picture on the left, Taylor Caragan (L) and Rachel Chase (R) presented on the impact of Health Literacy on Health Equity and Hillsborough Health Literacy Initiative.

For more information on this initiative email: Rachel.Chase@flhealth.gov

On the right . Jennifer Waskovich moderated a panel with members of Healthy Hillsborough discussing a collaboration aimed at providing the most appropriate level of care of high need high utilizers of behavioral health services.

(L-R) Jennifer Waskovich, Dr. Ayesha Johnson, Clara Reynolds, Sandra Wilkinson



FPHA INTEREST GROUPS

Want to get more involved in FPFA?

The following pages provide details on various interest groups and committees within FPFA.

If you're interested in a specific interest group, feel free to reach out to that group's chair or join a conference call!



GIVE BACK TO FPHA

Make FPHA Smile and Order through Amazon Smile

FPHA is a registered charitable organization with Amazon Smile. What does this mean to you?

Once you begin shopping through Amazon Smile (with FPHA selected as your charitable organization), Amazon will donate **0.5%** of your purchases to FPHA at no extra cost to you. Therefore, shopping on Amazon Smile can make a huge impact on the sustainability of FPHA!

Through Amazon Smile, you will shop the same products at the same price using your same login information as Amazon or Amazon Prime. Fun Fact: Our Advocacy Committee Chair donated **\$29** to FPHA last year just by switching from Amazon to Amazon Smile.

If all of our public health Amazon users switched from Amazon to Amazon Smile, we could provide more student scholarships and other awards to our members, along with the capability to hold bigger and better regional and state conferences!

You don't need to be a member of FPHA to contribute. It is simple!

Just go to smile.amazon.com and select FPHA Foundation, Inc. as your charitable organization.

Now, we challenge you, your friends, and your family members to use Amazon Smile for your Amazon purchases.

Thank you for your contribution and happy shopping!



AJPH CORNER

The mission of *AJPH* is to advance public health research, policy, practice and education. This month, *AJPH* showcases articles on the health of health care workers, sugar sweetened beverage taxation and policy, opioid use disorder, and tuberculosis rates. Visit ajph.org for these and other articles.

[Podcast: Who Cares About the Health of Health Care Workers?](#)

[Economic Vulnerability Among US Female Health Care Workers: Potential Impact of a \\$15-per-Hour Minimum Wage](#)

[Equipping Public Spaces to Facilitate Rapid Point-of-Injury Hemorrhage Control after Mass Casualty](#)

[Cost-Effectiveness of a U.S. National Sugar-Sweetened Beverage Tax With a Multistakeholder Approach: Who Pays and Who Benefits?](#)

[Police-Related Correlates of Client-Perpetrated Violence Among Female Sex Workers in Baltimore City, Maryland](#)

[Slowdown in the Decline of Tuberculosis Rates in California, 2000–2016](#)

[Making Decisions That Narrow, or Widen, Health Gaps: A Public Health of Consequence, February 2019](#)

As an APHA member or *AJPH* subscriber, you have full access to all of our articles and podcasts available in English, Spanish and Chinese at ajph.org. The monthly podcasts also are on iTunes and Google Play.

If you have any questions, suggestions for future articles or ideas on ways to improve *AJPH*, please let us know. *AJPH* is your journal, and we want to hear from you.

Sincerely,

Alfredo Morabia, MD, PhD
Editor-in-chief, *AJPH*
[@AlfredoMorabia](#)
[@AMJPublicHealth](#)

