

THE FAPHN VOICE

JANUARY 2006

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2006 CONFERENCE PLANNED IN SOUTH FLORIDA AREA

SAVE THE DATE! JULY 31, 2006 & AUGUST 1, 2006

THE DATES ▲ FOR THE FAPHN CONFERENCE THIS YEAR. ▲

FLORIDA PUBLIC HEALTH ASSOCIATION CONFERENCE IS SCHEDULED FOR

AUGUST 2, 2006 THROUGH AUGUST 4, 2006

PGA NATIONAL RESORT & SPA

400 AVENUE OF THE CHAMPIONS, PALM BEACH GARDENS, FLORIDA

TELEPHONE: 800-633-9150

561-627-2000..

COMING SOON IN FUTURE ISSUES

- FAPHN COMMITTEE REPORTS
- 2005 CONFERENCE SURVEY RESULTS
- NEWS FROM YOU-FAPHN MEMBERS
- 2006 MINI-GRANT

FAPHN HOSTS REGIONAL CONFERENCE

FAPHN and Northeast Florida AHEC present CHILDHOOD OBESITY and PUBLIC HEALTH NURSING WORKFORCE ISSUES on Friday, February 24, 2006. The location for this regional conference is the St. Johns County Convention Center located at The World Golf Village Renaissance Hotel in St.

Augustine, Florida. The session begins at 9:30 AM with Registration and Sign-In.

Morning presenters include nutritionist Ellen K. Bowser, MS, RD, CSP, LD/N who is with the Pediatric Division of the University of Florida, Gainesville and nurse practitioner Allison Ed-

munds, MS, FNP, ARNP-BC with the University of South Florida.

After lunch, the presenters are Dr. Barbara Kruger from the University of North Florida and Karen Coleman with NE Area Health Education Center. (continued page 2)

THE PRESIDENT'S CORNER

Dear Members: HAPPY NEW YEAR EVERYONE!

Just a few words to welcome in the New Year. I hope everyone had a wonderful holiday season. The Board and I are excited about FAPHN sponsoring a *regional* educational program in partnership with the Northeast AHEC. The workshop is scheduled on **February 24, 2006** at the St. Johns County Convention Center located at The World Golf Village , Renaissance Hotel in St. Augustine, Florida. This is a pilot project that is actually in response to you, the membership. The survey results we received from you the past three years included the availability of having educational programs closer to where 'some' members live and at different times of the year instead of only in the summer. We are trying to address your requests and encourage your constant feedback so we may continue to focus FAPHN on your issues and desires. FAPHN is a statewide organization therefore our members live most anywhere in the state. It is our hope that more nurses will join FAPHN to support this educational effort and to strengthen FAPHN as your independent professional organization that ultimately can guide public health in Florida in meeting the new challenges and surviving these challenges.

In just a few short months, it will be time for the 2006 FAPHN / FPFA joint annual Educational and Business Conference.

This year, the conference will be in Palm Beach Gardens, Florida at the **PGA RESORT and SPA**. FAPHN's opening session is July 31, 2006 at 12:00 noon when registration begins. The themes for this year are:

"FAPHN PRESENTS.....

TAKING TIME TO ENERGIZE"

And FPFA selected the following theme.

"Ever Ready- Every Day: Energizing the Public Health Workforce"

This means the conference is going to **focus** on education. and **YOU.:** the caregivers to the public.

More information is coming!! **MARK** your calendars and treat yourselves to **FUN** while you **LEARN!**

Last year's conference was so good and it may be difficult for us to improve over that one, but we are planning to do just that. **IT IS TIME TO HAVE SOME FUN!**

The planning committee tells me they are finding some fantastic speakers with timely and appropriate topics.
Linda Bilyeu

REGIONAL CONFERENCE. Continued

The afternoon session offers several roundtable discussions that appear to be very interesting. Topics are: Higher Education in the Public Health Nursing Workforce, Public Health Nursing Recruitment and Retention,

and Continuing Education Needs.

The official brochure and registration information can be found on **page 4** of this newsletter.

Please tear or cut it out to use if you want to register for this workshop.

The afternoon session presents **FUN 2B FIT: A Model Fitness and Nutrition Education Program for Elementary School Students** that you really do not want to miss.

REGISTER NOW..RIGHT AFTER READING THIS ARTICLE. GRAB THIS FIRST EVER JOINT EFFORT BETWEEN THE NORTHEAST AHEC AND FAPHN! YOUR ORGANIZATION AT WORK FOR YOU!

RETIRED PHN RETURNS TO WORK BY RUTH T. ADAMS

I always thought I would work right up to my 65th birthday. By the spring of 2001, after 23 years working for the Department of Health in three very different counties (Putnam, Nassau, and Charlotte), I was tired and ready to retire a few years early. My husband had retired several years ahead of me and was encouraging me to make the decision.

I retired September 1, 2001. It was the right decision at the right time. I enjoyed my years in public health both in Florida and New Jersey. I have had many wonderful opportunities, experiences, and memories. I have not regretted my decision to retire early. I had several activities I wanted to pursue when I retired. I became involved almost immediately.

We took several memorable motor home trips that first year; one to the southwest, another up the east Coast to Nova Scotia and Prince Edward Island in Canada. We have taken short trips since then, but poor fuel efficiency of the motor home and the rising price of gasoline have curtailed our trips recently. I did take my oldest granddaughter to Europe last summer. I continue my interest in making rag rugs and decided to take up china-painting lessons. I never had an art lesson, but I wanted to try. My mother was an excellent china painter and I will never measure up to my mother's talent; I have enjoyed learning the process and techniques, and it is relaxing and fun.

I spent many hours researching my father's family tree. I compiled a notebook full of family stories, pictures and the genealogy for my sisters and children. Imagine my surprise when I received a document from a distant relative showing a common patriarch with Jeb and George W. Bush; thirteen generations ago. We had a good laugh with this tidbit of information.

One of the nicest things about retirement has been being able to "be there" for my family. When my husband had surgery, when my son needed assistance with childcare for my diabetic granddaughter, when my 92 year old mother could no longer live alone, and when Mom had to downsize after 67 years of life's accumulations, I was there!

I was not really looking to return to work; I turned down several opportunities! After two years of having fun, I slowly realized I was not using my mind or my skills as a nurse practitioner. I had remained active in our local nurse practitioner association and with the Gulfcoast South AHEC, but this was no longer enough! When the opportunity to work as a Contract and QA/QI Manager for the Charlotte County Healthy Start Coalition in December 2003, I was READY!! I love it! I am reconnected with my colleagues! I am useful and challenged!! ☺

Registration Fee: \$28.00 (includes lunch and break)

Name: _____
Employer: _____
Address: _____
City: _____
State: _____ Zip: _____ Daytime Phone: _____
E-mail: _____
FAPHN Member: Yes _____ No _____

Mail or fax registration form to:

Lynnette Pease, BSH, CHES
Northeast Florida AHEC
Ste. 250, 1107 Myra Street, Jacksonville, FL 32204
Phone: 904-482-0189 Fax: 904-482-0196

OR REGISTER ON-LINE: <http://www.ahecmanager.org/nefahec/currentevents.asp>

WHO SHOULD ATTEND?

All registered nurses working and/or interested in public health issues.

Are you interested in entering the public health nursing field? Have you been looking for opportunities to network with other public health nurses? Are you interested in accessing higher education programs but don't know what's available? Do you want high quality continuing education programs but can't find them?

Then this workshop is for you! Join the members of the Florida Association of Public Health Nurses for a day of continuing education and networking. Learn about hot topics in public health nursing, new trends in higher education, and hear about unique programs designed to address the burgeoning childhood obesity epidemic.



ACCREDITATION

NURSING: Northeast Florida Area Health Education Center is a Florida Board of Nursing Approved Provider of continuing nursing education, CE Broker #50-1458. This program meets the Board of Nursing requirements for up to 4.5 contact hours.



presents

CHILDHOOD OBESITY and PUBLIC HEALTH NURSING WORKFORCE ISSUES

St. Johns County Convention Center
at
The World Golf Village
Renaissance Hotel
St. Augustine, Florida

Friday
February 24, 2006
9:30 a.m.—4:30 p.m.

FAPHN GOALS

- Advance public health nursing in Florida
- Encourage reciprocal cooperation of healthcare providers toward improvement of public health
- Recognize nurses who have made outstanding contributions to the practice of public health nursing
- Enhance professional knowledge

WORKSHOP OBJECTIVES

At the conclusion of the workshop participants will be able to:

1. Explain the obesity epidemic in the United States and its effect on child health
2. Describe three ways nurses can participate in local initiatives to combat childhood obesity
3. Describe new trends in nursing education including the Clinical Nurse Leader and Doctorate of Nursing Practice
4. Discuss the need for continuing education programs for public health nurses
5. List the benefits of membership in the Florida Association of Public Health Nurses

AGENDA

- 9:30-10:00 a.m. **Registration and Sign-In**
- 10:00-10:50 a.m. **Overweight in Children with Pulmonary Conditions: Problems and Potential Solutions**
Ellen K. Bowser, MS, RD, CSP, LD/N, Faculty Nutritionist, Pediatric Pulmonary Division, University of Florida, Gainesville
- 10:55 a.m.-11:55 **A Pedometer and Social Learning Intervention to Promote Physical Activity In Fifth Grade Students: A Pilot Project**
Allison Edmunds, MS, FNP, ARNP-BC University of South Florida
- 12:00-1:15 p.m. **Box Lunch**
- 1:30-2:20p.m. **Fun 2B Fit: A Model Fitness and Nutrition Education Program for Elementary School Students**
Barbara J. Kruger, Ph.D., MPH, RN, University of North Florida and Karen Coleman, BSH, CHES, Northeast Florida Area Health Education Center
- 2:20-2:45 **Break**
- 2:45-4:15 p.m. **Rotating Roundtable Discussions (30 minutes each)**
1. **Higher Education in the Public Health Nursing Workforce**—Moderators: Li Loriz, Ph.D., ARNP, Director, School of Nursing, University of North Florida; Leigh Hart, Ph.D., RN, Dean, School of Nursing, Jacksonville University, Nancy Tigar, DrPH, RN, Clinical Assistant Professor, University of Florida, Gainesville, Angeline Bushy, Ph.D., MN, Med, BSN, University of Central Florida, Paula Berry-Zeller, MBA/HCM, MSN, University of Phoenix
 2. **Public Health Nursing Recruitment and Retention**—Moderators: Dian LaTour, BA, Research Associate, Office of Performance Improvement and Lorraine Wells, BA, Executive Director, NSLFP, Office of Public Health Nursing
 3. **Continuing Education Needs**— Moderator: Lynnette E. Pease, BSH, CHES, Continuing Education Coordinator, Northeast Florida Area Health Education Center
- 4:15-4:30 p.m. **Wrap-Up and Evaluations**



Membership Application

First Name: _____ Last Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

E-mail Address: _____

Employer: _____

Status (please mark with a check):

_____ Active Registered Nurse (\$50.00)

_____ Retired Registered Nurse (\$25.00)

_____ Full Time RN Student (\$25.00) School Name: _____

Are You Interested in Becoming an Officer or Board Member? Yes _____ No _____

Please Mail Application With Check Made Payable To: FAPHN, Inc., P.O. Box 22994, Fort Lauderdale, FL 33335